



Fertility Center of the Carolinas

Minimal Stimulation Protocol with Clomiphene (Clomid) or Letrozole (Femara)

Your doctor has prescribed a combination of either Clomid or Femara with injectable gonadotropins (Menopur or Gonal-F) as a treatment. In addition, intrauterine insemination may be prescribed.

Use this sheet to remind you of the timing of these treatments. Day 1 of your menstrual cycle is the first full day of regular flow (not spotting). If menstrual flow begins after noon, consider the next day as Day 1.

Protocol

On cycle days _____, you should take:

Clomid _____mg

Femara _____mg

On cycle Day _____, you will inject _____IU

of _____.

Minimal Stimulation Protocol Checklist

- Call with menses (455-1600)
- Baseline ultrasound
- Cycle Day _____ ultrasound for follicular recruitment
- hCG injection ("trigger shot")
- Intrauterine insemination
- Progesterone supplementation
 - Oral
 - Vaginal suppositories
- Luteal progesterone testing