



Radiation to the Brain

When receiving radiation treatments, you may experience side effects, which your doctor will discuss with you. The side effects vary depending on your tumor and the technique used to treat it. Some side effects may go away over time.

Common Side Effects

- Drowsiness or fatigue
- Skin irritation
- Headaches
- Dizziness
- Nausea/vomiting
- Change in appetite
- Visual changes
- A feeling as though your ears are “stopped up”
- Hair loss

Key Reminders

- Avoid sun exposure to the treatment area by wearing a hat
- Do not use lotions or ointments without checking with your doctor or nurse
- Use a gentle shampoo such as baby shampoo
- Do not apply lotions or creams **4 hours** before your radiation treatment—you may apply them immediately after treatment

If you experience problems related to side effects, please notify your doctor, nurse or radiation therapist. You may need a prescription to help relieve some of your side effects.