



Pediatric Urology

Lysis of Penile Adhesions/Skin Bridges

Penile adhesions and penile skin bridges (re-attachment of the post-circumcised skin) can occur if the remaining skin is not retracted while the circumcision is healing. These usually can be released by simple retraction of the skin. However, sometimes the re-attachment is so complete that a simple retraction will not work and a more extensive procedure is needed.

The day of the procedure:

Please arrive 30 minutes prior to your child's procedure/appointment time so that your child can be checked in by the nurse and numbing cream can be applied to the adhesion/skin bridge area.

What to expect:

The area will be red and swollen for the first 24 hours. Each day after, the site will look better, as it is healing.

For several days, a slight amount of bleeding may be noted. If your child has excessive bleeding apply pressure to the site with a clean cloth or gauze for 2-3 minutes. If the bleeding does not resolve after 2-3 minutes, please call our office at (864) 454-5135.

There may be some swelling and bruising around the penis. This will fade away slowly over the next few weeks.

Care: Apply antibiotic ointment with each diaper change until seen in follow-up at our office. If your son is out of diapers, then apply antibiotic ointment three times per day. Vaseline or A&D ointment may be substituted for the antibiotic ointment.

Pain Medication: Tylenol or Motrin can be given for pain.

Bathing: It is okay to take baths or showers the day after the procedure.

Eating: It is okay to return to regular diet.

Activity: May resume full activities.

School: May return to school in 1-2 days, depending on how your son feels.

When to call:

Do not hesitate to contact us if you have questions regarding your son's condition. Please call us immediately if your son has excessive bleeding.