



## **Daytime Wetting**

Daytime wetting (diurnal enuresis) is diagnosed when a child who is toilet trained has wetting accidents while awake. It occurs most often in younger school aged kids; however, teenagers can also have this issue.

Common causes of daytime wetting include urinary tract infections, constipation, and poor toileting habits such as postponing voiding. Some children rush through urinating and do not take the time to empty their bladder completely. Daytime wetting may also indicate an underlying medical condition.

In order to better understand a child's voiding habits a voiding diary is often requested by your child's provider. A voiding diary should include voided volumes of urine, frequency of urination and type of bowel movements. Further imaging may include an X-ray or ultrasound of the kidneys and bladder. Treatment is always tailored to your child's specific underlying issue but may consist of biofeedback therapy, a medication, and/or a bowel management program.