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Oconee Memorial Hospital

## Basic Metabolic Profile (BMP) Test

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Your doctor has sent you to get a BMP test. This test may be part of a blood work-up for a medical exam or a yearly physical. It checks kidney function and can be used to detect diabetes.

### What does this test do?

This test actually is a group of eight tests. A BMP will show:

- How well your kidneys are functioning
- Your electrolyte levels (electrolytes keep fluids in balance)
- Your blood sugar levels

### What will be tested?

- Glucose
- Calcium
- Four electrolytes (sodium, potassium, chloride, carbon dioxide)
- BUN and creatinine (two indicators of kidney health)

### How are specimens collected?

A small sample of your blood will be taken.

### What should I do before the test?

Ask your doctor or the laboratory staff if you need to do anything to prepare for this test.

### What do my test results mean?

Test results may be outside of normal ranges for many reasons. Please discuss all lab results with your doctor.

*Thank you for choosing Oconee Memorial Hospital for your lab procedure. We strive to provide excellent care and quality. If you have any questions or comments about our lab, please call our lab team at (864) 885-7120.*