



Today's Date _____ Patient Name _____ DOB _____

Referring Physician: _____ Who is your Primary Care Provider? _____

In your own words, why were you referred to our office?

Pain Assessment

When did you first notice this pain? (mm/dd/yyyy): ____/____/____

Please describe how your pain first started: _____

Rate your pain level below using a scale of 0-10 (0 is no pain at all and 10 is the worst pain you can imagine):

Current Pain Level ____ Lowest Pain Level (good day) ____ Worst Pain Level (bad day) ____ Average Pain Level ____

Have you received treatment from another pain management specialist? Yes No

If Yes, from which physician or facility name? _____

Do you receive financial compensation because of your pain? Yes No

If yes, check all that apply: Worker's Comp Private insurance Disability Other:-

Previous Pain Treatments: (Check all that apply)

Injections Nerve Block Acupuncture TENS Chiropractor Surgery Psychotherapy Biofeedback
 Exercise Massage Therapy Support (Splint, Brace, Cervical Collar, Sling, Prosthesis)
Other _____

Have you tried Physical Therapy? Yes No

If Yes, when and at what facility? _____

Symptoms (check all that apply):

My pain is:

- Constant
- Frequent
- Intermittent
- Occasional

Pain is worse:

- In the morning
- In the evening
- Same all day
- Varies day to day

Does your pain make you:

- Depressed
- Angry
- Frustrated
- Helpless/Hopeless

What does your pain feel like?

Throbbing Shooting Stabbing Burning Sharp Tingling Dull Numb Aching Tender

What makes your pain increase?

Sitting Standing Lying Down Sneezing Lifting Exercising Walking Coughing Straining in restroom

What makes your pain decrease?

Sitting Standing Walking Lying Down Medications Exercising Alcoholic drinks Heat Cold Nothing

What does your pain interfere with?

Sleep Daily Activities Work Nothing

Which of these is related to your pain?

Numbness or loss of feeling Weakness Tingling (pins and needles) Muscle spasms Swelling
 Change in skin color Bowel or Bladder problems Increased temperature or warmth Decreased temperature or coolness

Psychosocial History:

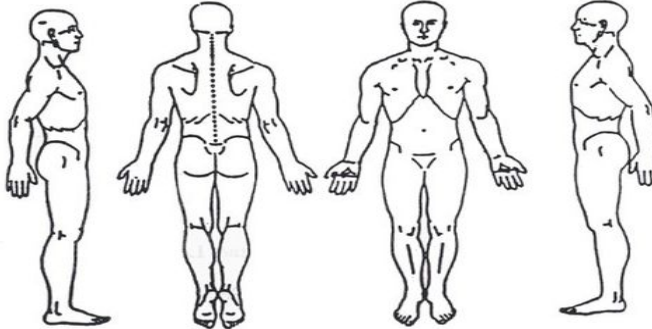
Have you ever been physically abused? Yes No Have you ever been sexually abused? Yes No
Have you ever been treated for: Anger Depression Anxiety Suicidal Ideation
Do you use Recreational Drugs? Yes No If Yes, please
list: _____

Today's Date _____ Patient Name _____ DOB _____

Social History:

Do you work? Yes No Occupation/Description: _____
Do you have children? Yes No If Yes, how many? _____
I live: Alone With Spouse With Children Other: _____

Please shade in on the diagram in the areas where you have pain. Mark the areas where pain begins with an 'X'.



Diagnostic Tests:

MRI
CT Scan
X-Ray
EMG
Nerve Conduction Study
Other: _____

Date

Facility

Review of Systems: In the last 6 weeks or since your last visit, have you experienced any of the following?

Constitution

- Activity change
- Appetite change
- Chills
- Excessive sweating
- Fatigue
- Fever
- Unexpected weight change

Ear, Nose, Throat

- Congestion
- Dental Problems
- Drooling
- Ear discharge
- Ear Pain
- Facial Swelling
- Hearing loss
- Mouth Sores
- Nosebleeds
- Postnasal Drip
- Runny nose
- Sinus Pressure
- Sneezing
- Sore Throat
- Ringing in ears
- Trouble swallowing
- Voice change

Eyes

- Eye discharge
- Eye itching
- Eye pain
- Eye redness
- Light sensitivity
- Visual disturbance

Respiratory

- Apnea
- Chest tightness
- Choking
- Cough
- Short of Breath
- Noisy breathing
- Wheezing

Cardiovascular

- Chest pain
- Leg swelling
- Palpitations

Gastrointestinal

- Abdominal bloating
- Abdominal Pain

- Anal bleeding
- Blood in stool
- Constipation
- Diarrhea
- Nausea
- Rectal Pain
- Vomiting

Endocrine

- Cold intolerance
- Heat intolerance
- Excessive thirst
- Excessive hunger
- Excessive urination

Genitourinary

- Difficulty urinating
- Painful urination
- Urinary Incontinence
- Flank pain
- Frequent urination
- Genital sores
- Blood in urine
- Penile discharge
- Penile pain
- Penile swelling
- Scrotal swelling
- Testicular pain
- Urinary urgency
- Urine decreased

Musculoskeletal

- Joint pain
- Back pain
- Difficulty walking
- Joint swelling
- Muscle pain
- Neck pain
- Neck stiffness

Skin

- Color change
- Extreme Paleness
- Rash

Allergy/Immunology

- Environment allergies
- Food allergies
- Immunocompromised

Neurological

- Dizziness
- Facial asymmetry
- Headaches
- Light headedness
- Numbness
- Seizures
- Speech difficulty

- € Fainting
- € Tremors

Hematologic

- € Swelling
- € Bruises easily

Psychiatric

- € Agitation

- € Behavior problems
- € Confusion
- € Decreased concentration