



**◆ Social, Educational and Work History ◆**

|   |  |   |  |
|---|--|---|--|
| Marital Status:   |  | Age of children, if any:                    |  |
| Work Status (circle one): Employed<br>Unemployed / Retired / Disabled               |  | Current or Prior Occupation:                | Hours worked per week:                                       |
| Highest Level of Education:   |  | Completed at which institution / school:    |  |
| What type of exercises do you perform, duration & frequency?                        |  |   |  |
| In what type of residence do you live (i.e., house, assisted living, nursing home)? |  |   |  |
| What are your hobbies?  |  |   |  |
| Do you drink alcohol?   |  | What type of alcohol?                       | No. of drinks per week?                                      |
| Are you a current smoker?   |  | If you smoke, how many packs per day?       |  |
| Are you a former smoker?  |  | If so, what year did you quit?              | No. of years you smoked?                                     |
| On average, how much did you smoke per day?   |  |   |  |
| Are you sexually active:<br>Yes / No  |  | Do you have sex with:<br>Men / Women / Both | How many partners have you had<br>during the past 12 months? |
| Are you concerned that you may have been exposed to HIV? Yes / No                   |  |   |  |

**◆ Family Health History ◆**

*Please list below the health history of your blood (genetic) first degree relatives*

| <i>Relative</i> | <i>Living or Deceased</i> | <i>Current age or age at death</i> | <i>Cause of Death</i> | <i>Health Problems</i> |
|-----------------|---------------------------|------------------------------------|-----------------------|------------------------|
| Father:         |                           |                                    |                       |                        |
| Mother:         |                           |                                    |                       |                        |
| Brother(s):     |                           |                                    |                       |                        |
| Sister(s):      |                           |                                    |                       |                        |

**◆ Review of Systems ◆**

*Please review the following symptoms and circle those items that are a problem for you*

|                  |                     |                      |                        |                     |
|------------------|---------------------|----------------------|------------------------|---------------------|
| Vision problems  | Wheezing            | Lumps in breast      | Frequent Urination     | Excessive hunger    |
| Hearing problems | Asthma / COPD       | Breast discharge     | Incontinence           | Excessive thirst    |
| Sinus trouble    | Emphysema           | Trouble swallowing   | Blood in Urine         | Weakness            |
| Hay fever        | Bronchitis          | Nausea               | History of STD's       | Fatigue             |
| Nosebleeds       | TB exposure         | Vomiting             | Anemia                 | Fever / Sweating    |
| Sore throat      | Chest pain          | Abdominal pain       | Easy bruising          | Fainting            |
| Hoarseness       | Chest discomfort    | Hepatitis / Jaundice | Pain in legs           | Seizures / Tremor   |
| Lumps in neck    | Shortness of breath | Gallstones           | Joint pain / stiffness | Headaches           |
| Tooth problems   | High blood pressure | Diarrhea             | Blood clot             | Numbness/tingling   |
| Cough            | Diabetes            | Constipation         | Weight loss / gain     | Anxiety/Depression  |
| Coughing blood   | High cholesterol    | Blood in stool       | Heat/cold intolerance  | Difficulty sleeping |

*Place an "X" in the box to the left if you have none of the above.*

**◆ Disease Prevention and Health Maintenance ◆**

*Please list below the most recent dates of your vaccines and health screening tests*

|                     | <i>Month/Yr</i> |              | <i>Month/Yr</i> |                       | <i>Month/Yr</i> |
|---------------------|-----------------|--------------|-----------------|-----------------------|-----------------|
| Flu Vaccine         |                 | Mammogram    |                 | Eye Exam              |                 |
| Pneumonia Vaccine   |                 | Pap Smear    |                 | Heart Catheterization |                 |
| Tetanus Vaccine     |                 | Colonoscopy  |                 | Endoscopy (EGD)       |                 |
| Hepatitis B Vaccine |                 | Bone Density |                 | Heart Stress Test     |                 |
| Shingles Vaccine    |                 | EKG          |                 | Ab Aneurysm Screen    |                 |
| Gardasil Vaccine    |                 | Chest X-Ray  |                 | HIV Test              |                 |

