

# Caregiving ABC's

## For Caregivers and Family members of those affected by Alzheimer's disease or other dementias

This series provides helpful information to those caring for loved ones affected by memory health conditions. Each session builds on previous sessions to increase caregivers' knowledge of maintaining their loved one's independence.

These classes are taught by the Professional Team Members of the Memory Health Program, and other community professionals, including Nurse Practitioners & Licensed Medical Social Worker.

### Class Dates and Topics

April 7	Session 1: Alzheimer's, Aging, and Assessment
April 14	Session 2: Behaviors, Beliefs, and the Baggage We Bring
April 21	Session 3: Communication, Caring, and Coping
April 28	Session 4: Driving, Dangers, and Drugs
May 5	Session 5: Elder Law Attorney, Neil Rabon
May 12	Session 6: Expectations, Emergencies, and Enjoyment

**Class Time: Thursdays, 6:00 pm — 8:00 pm**

#### Location

**Patewood Campus**

**255 Enterprise Blvd.**

**Classroom A/B (Enter at the white awning)**

**Greenville, SC 29615**

### Registration

To register for this program call 1-877-GHS-INFO (447-4636) or [ghs.org/healthevents](http://ghs.org/healthevents)

You will need to register for each class individually.

Space is limited to 50 individuals per class.

*You may be eligible for an in-home caregiver, at no cost to you, to stay with your loved one while you attend. Learn how to access this service by calling the Alzheimer's Association at 1-800-272-3900 no less than 2 weeks in advance of the date that a caregiver is needed!*

For more information about the Memory Health Program, call The Center for Success in Aging at (864) 454-8120 or email at [memoryhealth@ghs.org](mailto:memoryhealth@ghs.org)



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