



Greenville Ear, Nose & Throat

Steroid Use

Steroids are effective drugs used to reduce inflammation. Like all drugs, however, steroids have potential side effects.

Short courses (1-2 weeks) of steroids usually are well tolerated. Side effects are more common with longer courses and higher doses of steroids.

Possible Side Effects

- Increased appetite, which may lead to weight gain
- Mood changes
- Skin flushing
- Rashes
- Difficulty sleeping
- Increase in blood sugar
- Gastroesophageal reflux (heartburn)
- Stomach ulcer
- Bone problems such as osteoporosis and avascular necrosis
- Muscle weakness
- Increased risk of infection
- Increased blood pressure

Please call our office if you have questions about steroid use:

- Patewood (864) 454-4368
- Greer (864) 797-9400