



Greenville Ear, Nose & Throat

Directions for Weekly Olive Oil Treatment

Follow these simple steps to soften and remove earwax, thereby preventing impaction:

1. Apply 4-5 drops of olive oil (any brand/type of cooking oil will work) with an eyedropper once a week.
2. Place a piece of cotton in the ear for 5 minutes to keep the liquid in place.
3. If possible, perform this treatment at night.

Please call our office if you have questions about this procedure:

- Patewood (864) 454-4368
- Greer (864) 797-9400