

Lunch and Learn: Caregiving ABC's

**For Caregivers and Family members of those affected by
Alzheimer's disease or other dementias**

This abbreviated version of our Caregiving ABC's provides helpful information to those caring for loved ones affected by memory health conditions. Each session builds on previous sessions to increase caregivers' knowledge of maintaining their loved one's independence.

These classes are taught by the Professional Team Members of the Memory Health Program, and other community professionals, including Nurse Practitioners

Class Dates and Topics

Summer 2019

Tuesday June 11	Session 1: Alzheimer's, Aging, and Assessment
Thursday June 13	Session 2: Behaviors, Beliefs, and the Baggage We Bring
Tuesday June 18	Session 3: Communication, Caring, and Coping
Thursday June 20	Session 4: Driving, Dangers, and Drugs
Tuesday June 25	Session 5: Expectations, Emergencies, and Enjoyment

Class Time: 1145am-1pm

Location

**The Center for Success in Aging
255 Enterprise Blvd, Suite 101— Red Awning
Greenville, SC 29615**

Registration

To register for this program call 454-8120
You will need to register for each class individually.
Space is limited to 10 individuals per class.

You may be eligible for an in-home caregiver, at no cost to you, to stay with your loved one while you attend. Learn how to access this service by calling the Alzheimer's Association at 1-800-272-3900 no less than 2 weeks in advance of the date that a caregiver is needed!

For more information about the Memory Health Program,
call The Center for Success in Aging at (864) 454-8120 or email at memoryhealth@ghs.org