

Caregiving ABC's

**For Caregivers and Family members of those affected by
Alzheimer's disease or other dementias**

This series provides helpful information to those caring for loved ones affected by memory health conditions. Each session builds on previous sessions to increase caregivers' knowledge of maintaining their loved one's independence.

These classes are taught by the Professional Team Members of the Memory Health Program, and other community professionals, including Nurse Practitioners & Licensed Medical Social Worker.

Class Dates and Topics

*NOTE: Please pay specific attention to scheduled days and dates, as this class is no longer only on Thursdays

Tuesday, January 10	Session 1: Alzheimer's, Aging, and Assessment
Thursday January 19	Session 2: Behaviors, Beliefs, and the Baggage We Bring
Thursday January 26	Session 3: Communication, Caring, and Coping
Thursday February 2	Session 4: Driving, Dangers, and Drugs
Tuesday February 7	Session 5: Elder Law Attorney, Neil Rabon
Tuesday February 14	Session 6: Expectations, Emergencies, and Enjoyment

Class Time: 6:00 pm — 8:00 pm

Location

Patewood Campus

255 Enterprise Blvd.

Classroom A/B (Enter at the white awning)

Greenville, SC 29615

Registration

To register for this program call 1-877-GHS-INFO (447-4636) or ghs.org/healthevents

You will need to register for each class individually.

Space is limited to 50 individuals per class.

You may be eligible for an in-home caregiver, at no cost to you, to stay with your loved one while you attend. Learn how to access this service by calling the Alzheimer's Association at 1-800-272-3900 no less than 2 weeks in advance of the date that a caregiver is needed!

For more information about the Memory Health Program, call The Center for Success in Aging at (864) 454-8120 or email at memoryhealth@ghs.org



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