



Keeping Track of My Drains

Drain care is a clean procedure. Supplies do NOT need to be sterile.

Whoever is taking care of your drain must wash his or her hands with soap and warm water BEFORE and AFTER performing drain care.

- Perform drain care as your doctor orders.
- Try to empty the drain at the same time each day.
- Pull the stopper out of the bottle and empty the drainage fluid into the measuring cup.
- Measure in "CC" or "ML" and write the measurement on your record sheet.
- Dispose of drainage fluid in a toilet or sink.
- Re-establish drain suction by gently squeezing the drain in your palm with your fingers until the walls touch. While maintaining pressure, replace the plug. Slowly release your grip to establish suction.
- The drain should remain flat and NOT fully inflate. If the drain is not flat, the suction is not working.



