

Center for Integrative Oncology and Survivorship

## **Endocrine Therapy with Tamoxifen**

Women receiving endocrine therapy (sometimes known as hormonal therapy) may be at risk for certain serious problems.

## **Tamoxifen**

Tamoxifen slightly increases the risk for developing **uterine cancer** (also known as endometrial cancer). This issue is more of a concern in post-menopausal women.

Because of this risk, you should have an annual gynecologic exam as long as you have an intact uterus and are taking tamoxifen. You should report any vaginal bleeding or spotting that seems different from a normal, regular period.

Tamoxifen also slightly increases the risk of developing a **blood clot**, such as a pulmonary embolism (a blood clot that travels to the lung) or a deep vein thrombosis (a blood clot in a large vein in the leg). Please discuss the symptoms of a blood clot with your healthcare team and what you should do if you develop these symptoms. To lessen this risk, you should not smoke cigarettes.

The following medications may affect the body's metabolism of tamoxifen. You may wish to review these with your doctor:

- Cymbalta (duloxetine)
- Paxil (paroxetine)
- Prozac (fluoxetine)
- Wellbutrin (buproprion)