



Cancer Prevention Educational Series
2nd Thursday each month
5:30pm – 6:30pm
Center for Hope and Healing, Cancer Survivors Park
Sponsored by Center for Cancer Prevention and Wellness

<u>Date</u>	<u>Topic</u>	<u>Speaker</u>
April 11, 2019	The Promise of Cancer Prevention	W.L. Gluck, MD
May 9, 2019	Ways to Protect Yourself Against Cancer	LeAnn Perkins, NP
June 13, 2019	Using Nutrition to Prevent Cancer	Finley Wiles, RDN
July 11, 2019	Skin Cancer Prevention	C. Darragh, MD
August 8, 2019	Exercise for Cancer Prevention	J. Trilk, PhD
September 12, 2019	Vaccinations to Prevent Cancer – HPV and Beyond	Speaker from American Cancer Society
October 10, 2019	Breast Cancer Prevention	B. McKinley, MD J. Stephenson, MD
November 14, 2019	Family Genetics and Cancer Risk	Lindsay Metcalf, CGC Gail Stapleton, CGC
December 12, 2019	Lifestyle Factors – Importance of Healthy Weight, Sleep, Stress	Nancy Stephenson, RN
January 9, 2020	Preventing Tobacco and Alcohol Related Cancers	J. Giguere, MD
February 13, 2020	Lifestyle Medicine and Cancer Prevention	B. Motley, MD
March 12, 2020	Colon Cancer Prevention Strategies	J. Yates, RN