

Business Health Programs

At Greenville Health System (GHS), we recognize that the current healthcare model no longer effectively meets the healthcare needs of our community, and we are confident that population-based care is the new model of care. Developing direct relationships with regional businesses and forging partnerships that enhance outcomes and manage costs are key in that transformation.

GHS remains dedicated to providing high-quality care, safety and performance for those we serve. In short, we strive to deliver the right care, at the right time, at the right place—at the right cost.

GHS' Business Health program offers employers a comprehensive approach to improve the health and wellness of their employees. As the leading healthcare organization in the Upstate committed to healthcare value, GHS offers a variety of services that can be tailored to meet a company's individual needs. We hope to have the opportunity to partner with you to increase employee satisfaction, improve employee health and decrease cost.

GHS has worked with local employers for more than eight years to address their healthcare needs. Some of our regional business partners include Bob Jones University, ScanSource, Hubbell Lighting, City of Easley, Furman University, and Canal Insurance.

Our partners are achieving the following goals by providing and promoting health and wellness services for their team members:

- Reduce healthcare costs
- Attract and retain valued employees
- Reduce absenteeism
- Increase productivity
- Improve employee satisfaction
- Avoid and reduce catastrophic insurance claims

We are committed to a healthier community and look forward to working with you for the betterment of your employees. Below you will find a summary of the Business Health services GHS can provide for your business and employees.

Employee Health Screenings

On-site screenings are customized for your business to include biometric analysis, venipuncture (blood draw), health risk assessments, personal health reports, Group Health Profile (aggregate company report), and HR Insight (financial modeling to calculate ROI/savings based on lifestyle, behavior and health status changes).

Based on the Group Health Profile and HR Insight, the GHS Business Health team will recommend and create a health and wellness program to help achieve financial and workplace health goals.

Wellness Education Sample Offerings

- Metabolic Syndrome
- Salt Sense
- Workstation Fitness/Ergonomics
- Fat Counts
- Pre-diabetes Education
- Incorporating Fitness into Your Day

Five-Phase Wellness

This program is designed to improve the health and wellness of a business population by providing individualized wellness coaching. Employees are ranked into five phases of wellness. Phase 1 is the highest health risk; Phase 5 is the lowest health risk. Phase placement is based on the following risk factors (in order of priority):

- Blood sugar level
- Tobacco use
- Waist measurement
- Lipid panel

Phases 1 & 2 meet with a nurse or nurse practitioner four times per year

Phase 3 meets with a health educator twice per year

Phase 4 meets with a health educator once per year

Phase 5 meets as a group once with a health educator; time is allotted for questions after the session

QuitWell

Tobacco Cessation Program

The GHS tobacco cessation program is based on the Freshstart program of the American Cancer Society. QuitWell consists of one small group class each week for five weeks. Topics covered include nicotine replacement therapy (NRT), planning a quit date, finding support, uncovering triggers, planning ahead for future stressors and much more. The combination of education, discussions, learning about NRT, and having a support group is scientifically proven to generate extremely positive smoking cessation results.

LoseWell

Medical Weight Management Program

LoseWell is a small group, medical weight management program open to adults over the age of 18 who are ready to change their lives. The 13-week program focuses on the importance of integrating exercise, nutrition, personal support and health coaching into a successful and unique program for each participant. LoseWell includes sessions with a registered dietitian, health coach, exercise physiologist, pre-class and final biometric screening and venipuncture (blood draw), and support group structure.

Support Group

Tobacco Cessation and Medical Weight Management

GHS offers a tobacco cessation support group that meets weekly at the Patewood Memorial Campus. The medical weight management support group is offered weekly at the GHS Life Center. These free support groups include education and discussion and are open to everyone.

On-site Employee Care Clinic Nurse Practitioner Program

GHS will develop and manage an on-site clinic for your business staffed by a GHS Nurse Practitioner. Our nurse practitioners treat certain acute and chronic injuries and illnesses, as well as monitor employees through the healing process. GHS offers a comprehensive list of wellness, condition management, acute and laboratory appointments that will be customized to meet the needs of the business. Clinic hours are flexible and can range from a four hours to 40 hours each week.

Other services include assistance in implementing an employee wellness program, referrals to a primary care physician or specialized physician, and connection with employees' physicians through electronic medical records (EMR) that can be accessed on-site or in the physician's office.

Diabetes Self-Management

GHS provides DSME (Diabetes Self-Management Education) according to need and as ordered by a provider. Patients learn how to understand the diagnosis and how to self-manage by understanding and incorporating the following into their lifestyle: healthy eating, being active, monitoring, taking medications, solving problems, reducing risks and healthy coping. Registered dietitians are available for nutrition counseling.

Care Management

GHS provides intensive care management for high-risk individuals with telephone and face-to-face appointments, resulting in improved member outcomes, appropriate use of resources and decreased costs to the employer. Focus is given to members with chronic, high-cost diseases such as diabetes, heart failure, asthma, COPD and hypertension, as well as those with frequent utilization of the emergency department or inpatient settings.

Care managers work collaboratively with providers and high-risk members to develop individualized care plans based on diagnoses and resource utilization patterns. They then facilitate referrals to GHS self-management programs, including the GHS Diabetes Self-Management program, LoseWell and QuitWell.

Pharmacy Services

GHS and Upstate Medical Pharmacy will provide prescription refill services for your business based on PBM (Pharmacy Benefits Management) approval. GHS will assign a pharmacist or designee who offers specialized condition management consulting to employees and will consult with the human resources department to make financially beneficial plan design changes for the employee and company.

Occupational Medicine

GHS Center for Health and Occupational Services (CHOS) offers an experienced staff that includes a board-certified occupational and environmental medicine physician, nurse practitioners and occupational health nurses. Employers can count on high-quality, specialized care for their employees, with a stay-at-work philosophy and a focus on disability prevention. CHOS provides the following services: workers' compensation, acute injury care, physical examinations, OSHA-mandated medical surveillance, drug testing/breath alcohol testing, Certified Medical Review Officer (MRO) services, and routine and travel immunizations.

MD360[®] Convenient Care Centers

MD360 is an innovative convenient care practice that is open early, late and on weekends. It offers board-certified physicians who deliver the highest quality medical care in a family-friendly environment—from treating unexpected illnesses and injuries to conducting sports physicals. And, unlike other urgent care providers, MD360 is a gateway to the most comprehensive healthcare provider in the region—GHS.

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