

ANDERSON OFFICE
AFTER SURGERY CLASS SCHEDULE

November & December 2019

Post-Surgery Support Groups

Date	Time	Facilitator/Topic
Tuesday 11/12/2019	1pm	Dietician Exercise for weight loss Location: Weight Management Institute- Anderson
Tuesday 12/10/2019	1pm	Dietician Eating Out & Special Occasions Location: Weight Management Institute- Anderson

Please reference www.qhsbariatricsolutions.com