

UMG Surgical Specialists of Anderson
Bariatric Solutions
864-226-2290

Group Session Schedule
August 4, 2015 thru August 18, 2015

Read **before** attending support group sessions!

- **Sign in to receive credit for attending support groups**
- **Silence Cell Phone Please**
- **Do NOT bring children to support groups**
- **You must complete Five (5) Pre-Surgery support group before your initial surgeon's appointment**
- **You must complete Ten (10) Pre-Surgery support group before your surgery date**
- **If support groups held on the same day have different topics, they may each count towards your 10 groups. Groups with the same topic held in one day may only count once toward your 10 groups**
- **Questions for the office staff or physician must be handled during office hours (8am-5pm Mon-Fri)**

ALL patients must sign and weigh in for **Two (2) Support Groups** a month.

If you are weighing in, please arrive 15-30 minutes before class is scheduled to begin to get vitals recorded,

NO weights/vitals will be taken once a Support Groups class has started or at any other times throughout the day.

***As part of the 10 required support groups (4) groups/topics are mandatory including: Surgery 101, Physician Orientation, (1) facilitated by a Registered Dietitian, and (1) facilitated by a Registered Nurse.**

Thanks from the staff at Surgical Specialists of Anderson Bariatric Solutions
864-226-2290

ANDERSON OFFICE – 864-226-2290

SUPPORT GROUP SCHEDULE

Anderson Support Group classes are for both pre-surgical and post-surgical patients.
Please note the location for each group as this might change.

<u>Date</u>	<u>Time</u>	<u>Facilitator</u>
8/4/2015	10:30am – 11:15am	Natasha Parker, RN Medical Considerations (Mandatory) Location: GHS Surgical Specialists –Anderson ** Registration Required**
8/4/2015	4:00pm – 4:45pm	Natasha Parker, RN Effects on the Family Location: GHS Surgical Specialists –Anderson ** Registration Required **
8/10/2015	4:00pm – 4:45pm	Dr. Patricia Eichhorn, MD To Be Announced Location: Surgical Specialists of Anderson *Registration Required**
8/11/2015	10:30am – 11:15am	Natasha Parker, RN Dehydration Location: Surgical Specialists of Anderson *Registration Required**
8/11/2015	4:00pm – 4:45pm	Natasha Parker, RN Staying Motivated Location: Surgical Specialists of Anderson *Registration Required**
8/11/2015	5:00pm – 5:45pm	Jennifer Doyle, RD Planning Ahead to Stay Healthy Location: Oconee Memorial Conference Room 3
8/18/2015	10:30am – 11:15am	Natasha Parker, RN Mindfulness Location: Surgical Specialists of Anderson *Registration Required**

8/18/2015	4:00pm – 4:45pm	<p style="text-align: center;"> Natasha Parker, RN Constipation (NEW) Location: Surgical Specialists of Anderson *Registration Required** </p>

LOCATION OF SUPPORT GROUPS:

- **GHS Surgical Specialists of Anderson Address:
105 Broadbent Way Anderson SC 29625
864-226-2290**
- **Oconee Medical Center Conference Room 1st Floor**

****REGISTRATION REQUIRED FOR ANDERSON OFFICE GROUPS****

Call: 864-226-2290

PLEASE MAKE SURE YOU CALL THE OFFICE 864-226-2290 TO REGISTER FOR THE ONES IN OFFICE DUE TO LIMITED SPACE. ARRIVE 15 MINUTES PRIOR TO GROUP TO WEIGH IN!

