

UMG Surgical Specialists of Anderson  
Bariatric Solutions  
864-226-2290

Group Session Schedule  
**AUGUST 25, 2015 thru SEPTEMBER 8, 2015**

Read **before** attending support group sessions!

- **Sign in to receive credit for attending support groups**
- **Silence Cell Phone Please**
- **Do NOT bring children to support groups**
- **You must complete Five (5) Pre-Surgery support group before your initial surgeon's appointment**
- **You must complete Ten (10) Pre-Surgery support group before your surgery date**
- **If support groups held on the same day have different topics, they may each count towards your 10 groups. Groups with the same topic held in one day may only count once toward your 10 groups**
- **Questions for the office staff or physician must be handled during office hours (8am-5pm Mon-Fri)**

ALL patients must sign and weigh in for **Two (2) Support Groups** a month.

If you are weighing in, please arrive 15-30 minutes before class is scheduled to begin to get vitals recorded,

**NO** weights/vitals will be taken once a Support Groups class has started or at any other times throughout the day.

**\*As part of the 10 required support groups (4) groups/topics are mandatory including: Surgery 101, Physician Orientation, (1) facilitated by a Registered Dietitian, and (1) facilitated by a Registered Nurse.**

Thanks from the staff at Surgical Specialists of Anderson Bariatric Solutions  
864-226-2290

**ANDERSON OFFICE – 864-226-2290**

**SUPPORT GROUP SCHEDULE**

Anderson Support Group classes are for both pre-surgical and post-surgical patients.  
Please note the location for each group as this might change.

| <b>Date</b>      | <b>Time</b>              | <b>Facilitator</b>  |
|------------------|--------------------------|---|
| <b>8/25/2015</b> | <b>10:30am-11:15am</b>   | <b>Natasha Parker, RN<br/>Surgery 101<br/>Location: GHS Surgical Specialists –Anderson<br/>** Registration Required</b>               |
| <b>8/25/2015</b> | <b>5:00pm – 5:45pm</b>   | <b>Natasha Parker, RN<br/>Medical Considerations<br/>Location: Oconee Memorial<br/>Conference Room 1 1<sup>st</sup> Floor</b>         |
| <b>9/1/2015</b>  | <b>10:30am – 11:15am</b> | <b>Natasha Parker, RN<br/>Dehydration<br/>Location: Surgical Specialists of Anderson<br/>*Registration Required**</b>                 |
| <b>9/1/2015</b>  | <b>4:00pm – 4:45pm</b>   | <b>Jennifer Doyle, RD<br/>The Heart Healthy Lifestyle<br/>Location: Surgical Specialists of Anderson<br/>*Registration Required**</b> |
| <b>9/8/2015</b>  | <b>10:30am – 11:15am</b> | <b>Natasha Parker, RN<br/>Staying Motivated<br/>Location: Surgical Specialists of Anderson<br/>*Registration Required**</b>           |
| <b>9/8/2015</b>  | <b>4:00pm – 4:45pm</b>   | <b>Natasha Parker, RN<br/>Medical Considerations<br/>Location: Surgical Specialists of Anderson<br/>*Registration Required**</b>      |

9/8/2015

5:00pm – 5:45pm

Jennifer Doyle, RD  
Hunger Cues  
Location: Oconee Memorial  
Conference Room 1 1<sup>st</sup> Floor

## **LOCATION OF SUPPORT GROUPS:**

- **GHS Surgical Specialists of Anderson Address:  
105 Broadbent Way Anderson SC 29625  
864-226-2290**
- **Oconee Medical Center Conference Room 1<sup>st</sup> Floor**

**\*\*REGISTRATION REQUIRED FOR ANDERSON OFFICE GROUPS\*\***

**Call: 864-226-2290**

**PLEASE MAKE SURE YOU CALL THE OFFICE 864-226-2290 TO REGISTER  
FOR THE ONES IN OFFICE DUE TO LIMITED SPACE. ARRIVE 15  
MINUTES PRIOR TO GROUP TO WEIGH IN!**