

Team Member News

Thursday, July 18, 2019

Affiliate versions of *Team Member News* are sent to team members at each affiliate every Thursday at 11 a.m.

Need to know

What would help you with your well-being? Complete the Team Member Wellness Interest Survey

Prisma Health is consistently looking for innovative ways to cater to your well-being. Beginning Wednesday, July 17, team members are encouraged to complete a Prisma Health Team Member Wellness Interest Survey. This survey will help our wellness team prioritize wellness programming for our team members in 2020 based on the feedback we receive.

To complete the Team Member Wellness Interest Survey, please select the affiliate below that best matches your location. The survey opens Wednesday, July 17-Friday, Aug. 2. Your answers are confidential and only will be used to guide wellness programming for 2020.

Prisma Health–Midlands: <u>Click here to complete the survey</u> Prisma Health–Upstate: <u>Click here to complete the survey</u>

News and information

An update on Breakthrough 1.0

From Greg Rusnak, chief administrative officer, Prisma Health, and Will Chapman, chief administrative officer liaison and strategic projects manager, Prisma Health

Breakthrough 1.0 aims to make Prisma Health a highly effective and efficient organization by taking advantage of everything we, as a health company, have gained by bringing Greenville Health System and Palmetto Health together.



Team members across the organization have been hard at work to bring Breakthrough 1.0 to life, and we are happy to report that there has been great momentum so far. Click here for a few brief but significant examples.

Download the SmartBen NOW app to access your benefits on the goMake life easier. Download the SmartBen NOW app to keep track of your benefits from anywhere.

- Store digital ID cards so you never find yourself without them again.
- Access deductibles and out-of-pocket balances.
- Find health care providers easily.
- Find spending and savings account balances and contributions.
- Receive important notifications about your benefits.

Click here for details on how to download the app and log in.

Pavilion tickets

The Recreation Committee is offering team members the opportunity to purchase four combo passes to the <u>Pavilion</u> for \$20. Combo passes are good for same day admission for ice skating and bounce house. <u>Click here to purchase</u>.

Prisma Health Perks

Access your <u>team member discounts</u>.

Prudential retirement individual on-site campus appointments

Dedicated Prisma Health Prudential retirement on-site representatives will be visiting a campus near you soon. <u>Click here for complete details</u>, or visit one of the links below to sign up for an appointment:

- Employee Service Center
- Prisma Health Greenville Memorial Medical Campus
- Prisma Health Greer Medical Campus
- Prisma Health Patewood Medical Campus

Retirement celebration

<u>Linda Brees</u>: Monday, Aug. 5 from 2–4 p.m. at Prisma Health Greenville Memorial Hospital in the Community Room.

School supply drive

Join the Volunteer Office and the United Way in providing school supplies for children of low-income families in Greenville, Laurens, Oconee, and Pickens



counties. Stop by a Prisma Health Volunteer Office today and pick up a "School Tools" bag to fill with supplies. Bags need to be returned by Monday, Aug. 12. Call 864-455-7994 for more information.

Security tip from Information Technology Services

Three ways to keep your information safe

Events

Food trucks at Prisma Health Greenville Memorial Medical Campus

Friday, July 19

Click here for <u>Friday's food truck menus</u>. The trucks will be parked in the short term, on street parking adjacent to Prisma Health Roger C. Peace Rehabilitation Hospital from 11 a.m.–2:30 p.m.

Team member event at Otter Creek Water Park

Saturday, July 20

Join the Recreation Committee at Otter Creek Water Park on Saturday, July 20 from 5:45–7:45 p.m. Team members and their immediate family gain free admission when presenting their ID badge. <u>Click here for details</u>.

Canine F.E.T.C.H. Night at the Greenville Drive

Saturday, July 20

During the dog days of summer, plan to attend the Prisma Health Canine F.E.T.C.H. Night at the Greenville Drive! All the Prisma Health facility dogs will be at the game for a tail wagging good time. Come shake a paw and get your picture with our four-legged staff members while cheering on the Greenville Drive. <u>Purchase tickets here</u>.

Adaptive sports

Now-July 23

Click here for a list of upcoming <u>adaptive sports opportunities</u> with Prisma Health Roger C. Peace Rehabilitation Hospital.

Diabetes Prevention Program

Begins July 31

Are you at risk for type 2 diabetes? If so, you may be a candidate for the <u>Diabetes</u> <u>Prevention Program</u> for Prisma Health team members and dependents over the age of 18! The next team member cohort begins on Wednesday, July 31. Classes will be



held at Prisma Health Patewood Hospital from 5:30–6:30 p.m. Email DPP@PrismaHealth.org or call 864-522-1440 for questions and enrollment.

Back to the basics

Thursday, Aug. 1

Low back pain or back pain in general plagues almost over 80% of the population. Join Conditioning Specialist Matt Rathbone from 5:30–6:30 p.m. at Prisma Health Greenville Memorial Hospital, Conference Center 2, for a discussion about increasing low back strength and reducing risk of injury through corrective exercise and compound movements. Contact Samantha Bookbinder at Samantha.Bookbinder@PrismaHealth.org or 864-522-3136 to register.

Radiothon benefiting Prisma Health Children's Hospital-Upstate *Aug. 8-9*

It's time once again for the Children's Miracle Network (CMN) annual Children's Hospital Radiothon! The lobby of Prisma Health Greenville Memorial Hospital will be full of activity as DJ's and radio hosts from Entercom radio stations broadcast live starting at 6:30 a.m. Aug. 8–9. Funds collected and pledged through Radiothon benefit Prisma Health Children's Hospital–Upstate.

<u>Play your part by becoming a Miracle Maker and donating \$15 per month</u>. Payroll deduction is available and takes only a few clicks to set up. You can also donate by texting "RadioCares" to 91999.

Be sure to visit us in the lobby to see and hear about all the miracles that happen every day at Prisma Health Children's Hospital-Upstate!

Volunteers needed for adaptive water ski event

Saturday, Aug. 10

Prisma Health Roger C. Peace Rehabilitation Hospital is in need of volunteers for an adaptive water ski event on Saturday, Aug. 10 from 8 a.m.–4 p.m. at Lake Bowen Landing. Volunteers are needed for roles in the water, boats and on land. Email Kristen Caldwell at Kristen.Caldwell@PrismaHealth.org if you are interested in volunteering or would like more information.

Family grief support meeting

Saturday, Aug. 17

When a family experiences the death of a loved one, it often feels as if the world has been turned upside down. Mending Hearts is a welcoming, safe place where grieving children, teens and their adult caregivers find hope. Click here to learn more.



Team member event at Discovery Island Water Park

Saturday, Aug. 17

Join the Recreation Committee at Discovery Island Water Park on Saturday, Aug. 17 from 5:45–7:45 p.m. Team members and their immediate family gain free admission when presenting their ID badge. <u>Click here for details</u>.

Edouard Michelin 5K Memorial Race

Saturday, Aug. 24

Registration is open for our sixth Corporate Shield race of the season, Edouard Michelin 5K Memorial Race, taking place on Saturday, Aug. 24 at 515 Michelin Road (Greenville, SC). <u>Learn more and register here</u>.

As a reminder, Prisma Health will reimburse entry fees for Greenville Corporate Shield races. To receive reimbursement, complete the form here. Questions on the reimbursement process? Contact Ator Ighalo at AIghalo@ccihealth.org or 864-522-3173.

Upcoming events at the Life Center

Now-Aug. 27

Click here for a list of upcoming events at the Life Center. Highlights include:

- Adam's Mobile Market (Aug. 9 & 23)
- <u>Self-defense techniques class</u> (Aug. 10)

How to submit information

Email <u>CCommunications@PrismaHealth.org</u> by noon on Tuesday to run on Thursday.

All Upstate flyers that need quick turnaround or are not customized must be created using the <u>Prisma Health flyer engine</u> (sign in required on first use). If you have questions, contact <u>Jeanine Halva-Neubauer</u> or <u>Sherard Moultrie</u>.

Repeating news items in consecutive editions may be limited. Events may be limited to no more than 30 days out to be included. Have comments or questions? Email CCommunications@PrismaHealth.org.