



Don't let holiday stress weigh you down – contact Employee Assistance

Problems can seem to grow as the holidays approach. Prisma Health's Employee Assistance Program (EAP) can help you work through what you're facing and connect you with resources for help.

Contact EAP today to learn more about the services available to you, including counseling, referrals and more. EAP also administers the [Prisma Health CARE Fund](#), which provides team members with financial aid for short-term crisis situations. The CARE fund replaces the Benevolence Fund in the Midlands.

Schedule an appointment by calling 803-296-5879 (Midlands), 864-455-2360 (Upstate) or emailing PrismaHealthCounseling@PrismaHealth.org.